

Suicide Prevention Strategy 2023-2026

Strategic Themes

PRIORITY 1
Safer Suicide
Community

PRIORITY 2
Better support and
care for those at the
highest risk of dying
by suicide

PRIORITY 4
Learning from those
who have died by
suicide

PRIORITY 3
Working together to
prevent suicide

Structure and Governance

Health and Wellbeing Board

Adult Safeguarding Board

Solihull Mental Health POD

Solihull Suicide Prevention
group

Context

2019-2021
59 people
died by suicide



43 Males
16 Females
died by suicide
between
2019-2021



The Mental
Helpline is
receiving between
5-15 suicidal
related calls a
week

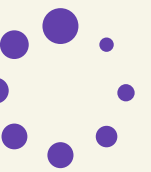


Solihull
Bereavement
Counselling Service
supports adults
bereaved by Suicide



Key Considerations

- Cost of living and associated economic stress
- Neurodiversity
- Self-harm
- People with Mental Health issues both known and not known to services
- Inequalities
- Children and Young People
- Victims of Domestic Abuse
- Online Safety



Where we are now

- ✓ A Strategy refresh has been completed along with a detailed delivery plan
- ✓ Internal and external consultation completed
- ✓ Suicide Prevention Programme Wave 3 & 4 continues, including:
 - ➔ The development of a Real Time Surveillance System
 - ➔ Completion of a detailed five-year coronial audit
 - ➔ Centralised training resources and communications collateral



Planned Work

- Reduce access to the means of suicide
- Local Implementation of the Online Safety Bill
- Reduce the risk of suicide in key high-risk groups including:
 - Those experiencing mental health issues
 - Men
 - Neurodiverse people
 - Those with experience of the criminal justice system
 - Those bereaved by suicide
- Tailor approaches to improve mental health in Children and Young People
- Improve treatment of depression in primary care
- Implement a Real Time Surveillance System
- Establish a multi-agency group to analyse real time findings that will inform our local suicide prevention response

